



Resources For Solos in Minnesota

(Fall 2022)

Notes

Overview

The following are examples of Minnesota resources that are equipped to assist solos with planning for a range of health, well-being and end-of-life related issues and decisions. (This is not an exhaustive list.) These include professional fiduciaries, personal representatives, care management professionals, and emergency contacts. (listed in alphabetical order)

Aging Life Care Association

This is a professional association of individuals who provide various kinds of support and services to older adults. A Midwest chapter serves Minnesota. To identify Minnesota resources, search the Association website. On the top of the home page, click on the orange "search" panel.

www.aginglifecare.org

American Association of Daily Money Managers

Daily money managers are professionals who can assist with budgeting, bill paying, billing issues, etc.. Some perform other services, such as Power of Attorney or trust management. To identify daily money managers in Minnesota, click on the link below to land on the home page. Look for a search box where you can plug in a zip code to generate a list of individuals in that area.

<https://secure.aadm.com>

First Fiduciary Corp.

A business providing a range of services, including: Trust Management, Power of Attorney, Personal Representative, Health Care Agent, Emergency Contact, Care Coordination, and Consultations.

Eagan, Minnesota
(651) 452-1512

www.ffcorp.com

Notes

Honoring Choices/TC Medical Society

Honoring Choices Minnesota was a public health initiative of the Twin Cities Medical Society and its Foundation from 2008-2021. Though active programming is no longer offered, Minnesotans can find many resources by searching the web site listed below. Resources include Minnesota's Advance Care Directive forms in various languages.

www.metrodoctors.com/honoring-choices-mn

Keystone Community Services

Staff provide Care Coordination, Consultations, Advocacy, Short-Term Crisis and Long-Term Care Planning.

Merriam park. St. Paul, MN

(651) 645-0349

info@keystoneservices.org

Legal Services Corporation Providers in MN

The Legal Services Corporation provides funding to organizations across the United States to serve low income individuals. Click on the link below and then select "Minnesota" to arrive at a list of the legal services providers in Minnesota.

www.lsc.gov/grants/our-grantees

Lutheran Social Services

A non-profit organization providing personal financial and estate planning, Health Care Agent, Personal Representative, Care Planning and Coordination. Various locations in Minnesota.

(888) 806-6844

protectyourassets@lssmn.org

Minnesota Association of Guardians and Conservators (Magic)

A professional association of individuals who provide assistance with guardianships, legal issues, care, financial assistance among other things. From the web page below, you can search the Member Directory by location and service area.

www.minnesotaguardianship.org

Minnesota Elder Justice Center

Helps individuals, families, organizations with issues related to elder abuse and exploitation. There is a direct line for Victim Services.

Helpline: (651) 440-9300

St. Paul, MN

Notes

Pathfinder Care Management

Provides Care Planning and Coordination, Medical Advocacy, Emergency Contact, Research services and other resources.

Minneapolis, MN

(612) 729-9096

Senior Linkage Line

A free service of the MN Department of Human Services. People who staff the phone line will assist callers in locating services and support for older adults. Contact point for Medicare and Medicaid questions.

1-800-333-2433

Simplify Wealth

Offers a range of financial services, including bill pay, tax record organizing, health care coordination, personal errands and shopping.

Minneapolis, MN

(612) 203-2718

info@simplify-wealth.com

VOA Older Adult Services (Volunteers of America MN-WI)

A Minnesota non-profit organization offering various services and supports including: Estate and Elder Law Services, Care Management and Consultation, Supported Decision Making, Culturally Responsive Elder services and Volunteer opportunities.

(952) 945-4000

www.voamnwi.org/older-adults

This material was prepared as a supplement to The Backup Plan Guide and the Backup Plan Guide For Coaches. The content is offered for informational purposes only. Users are advised to check these sources to determine whether they meet individual needs.