



Connection

Friends &co™

ANNUAL REPORT 2023



Meaningful
connections
for older
adults



www.friendsco.org

Our Mission

Friends & Co celebrates aging through community-led service that fosters meaningful connections for everyone.

Our Services

All of our services are, and will always be, cost-free for older adults!

Phone Companions

We pair older adults and volunteers for long-term companionship over the phone.



Visiting Companions

We match older adults and volunteers for long-term in-person companionship.

Coffee Talk

We offer a low-barrier way for older adults to connect with volunteers at their convenience! With a simple phone call to our drop-in chat line, older adults connect with a rotating group of volunteers.



Let's Do Lunch Cafe

We bring older adults in the LGBTQ+ community together for bi-weekly community-building through lunch, conversation, and education.

Holiday Cards Connect

We provide holiday cheer throughout the year! We deliver handmade cards from our volunteers to older adults, providing warmth, connection, and goodwill.



Community Conversations

We bring older adults throughout Minnesota together to explore the joys and challenges that come with aging over a healthy lunch.

Our Impact

We're growing strong for greater impact! We've increased the number of older adults we serve, the number of volunteer hours, and our service locations. We continue to see a remarkable increase in older adults seeking the warmth of human connection!

Older Adults Served

687



Program Registration*



227%

Dedicated Volunteers

1090



Total Volunteer Hours

12,553

Counties Served

43



Older Adults Reached

20,000+

*Phone and Visiting Companion Programs



Financials



Income

FY23

FY22

Contributions & Grants	316,206	394,554
Bequests	191,047	5,481,687
Investment & Other Income	51,659	12,608
In-Kind Contributions	6,105	2,475
Total Support & Revenue	567,022	5,891,324

Expenses

Program Services	770,713	747,635
Management	68,975	77,732
Fundraising	123,253	167,845
Total Expenses	962,941	993,212

Change in Net Assets

(395,919) 4,898,112

Gain on Sale of Fixed Assets	0	0
Unrealized Investment Gains (Losses)	146,844	(168,792)

Net Assets - Beginning of Year

6,547,743 1,818,423

Net Assets - End of Year

6,298,668 6,547,743



Statement of Financial Position

	FY23	FY22
Assets		
Current Assets	354,624	689,143
Investments	5,808,810	5,860,452
Property & Equipment	124,597	87,345
Non-Current Assets	378,393	373,602
Total Assets	6,597,805	6,636,949
Liabilities and Net Assets		
Total Liabilities	45,291	89,206
Net Assets - Unrestricted		
Undesignated	222,485	47,862
Board Designated - Office Lease	273,118	311,765
Board Designated - New Office	0	15,046
Board Designated - Op. Reserves	500,000	450,000
Board Designated - Capital Reserves	0	98,800
Board Designated - Quasi-Endowment	4,682,898	5,030,419
Total Unrestricted	5,678,501	5,953,389
Net Assets Restricted		
Total Restricted	620,167	593,851
Total Net Assets	6,298,668	6,547,743
Total Liabilities & Net Assets	6,597,805	6,636,949





Thank You!

The life-changing connections we facilitate would not be possible without the support of our generous donors!

\$5,000+

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I'm so thankful for Coffee Talk. It has changed my life; it makes me happy.





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I'm 72 years old and I discovered Let's Do Lunch Cafe. Thank you for providing an accepting space and people where I feel comfortable! I'll be back!



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**"Coffee Talk is an
awesome program!
Sometimes people like me
get lonely, so it's great
that you have something
like this for people to
call."**



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Community Connection

Thank you for your support!

Whether you participate as an older adult member, a volunteer, or a financial supporter, we could not do this work without you!

YOU are the reason the world is a warmer, more connected place for older adults, and we are so grateful!



F&C

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